

FLAGGING INSPECTION

Adapted from materials developed and supplied by the Federal Highway Administration and The National Safety Council





National Safety Council



Introduction Flagger's Qualifications Appearance Flagger's Equipment



Class Objective

- To review the primary responsibilities of the flagger
- To inform the persons with responsibility for flagging traffic of the correct manner in which the work is to be done.
- To develop a set of consistent standards for the inspection of one-way traffic control systems.



Why Is This Important?

In 1995 there were:

- 771 fatalities in work zones nationwide
- 62 fatalities on California State
 Highway work zones



SAFETY

#1

You Control Their Safety





Class Content



- Qualifications, Appearance and Equipment
- Work Zone & Flagger Station Layout
- Standard Signals to Direct Traffic
- Methods of One-Way Traffic Control
 - Single Flagger Procedures
- Emergency Vehicle Procedures
- Handling Emergency Situations
- Dealing with Hostile Drivers
- Emergency Flagging Procedures
- Demonstrate Proper Flagging Operations



Practical Exercise

Demonstrate Good Flagging Procedures

- Using correct paddle and hand signals
- Taking the proper position in the traffic lane



Characteristics

What kind of person makes a good flagger?



Characteristics to look for:

- Mentally Alert
- Good Physical Condition
 - Vision equal to DMV standards
 - Keen hearing
 - Able to stand for long periods of time
- Courteous and Knowledgeable
- Authoritative



Do Not

- Mingle With the Crew
- Leave Your Post
- Turn Your Back
- Sit Down On The Job



The Well Dressed Flagger

- For daytime an orange or strong yellow-green vest or shirt.
- At night safety clothing with reflective stripes. White clothing is required for Caltrans employees and strongly recommended for others.
- Clothing that affords protection from the environment (no shorts, tank tops etc.)
- A hard hat and <u>sturdy</u> shoes or boots.

The Well Equipped Flagger

- A "Stop / Slow" sign (C-28A & B)
- Full advance warning sign layout
- Channelizing Devices such as cones
- Area lighting for night flagging
- Communication method such as line of sight or 2-way radio
- Water

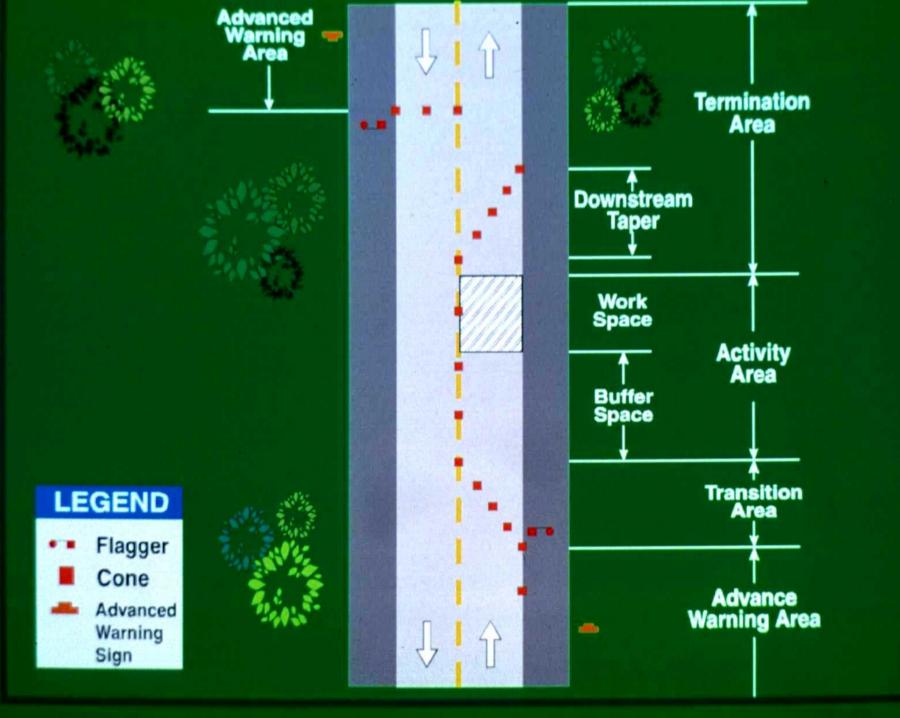


Work Zone Layouts and Signing Flagger Station Location



A Typical Work Zone Layout

- ADVANCE WARNING AREA
- TRANSITION
- ACTIVE AREA
 - Buffer Space
 - Work Area
 - Traffic Space
- TERMINATION / OPPOSING TRAFFIC WARNING AREA





Advance Warning Signs



Road Work Ahead

C18 or C23



- The first Advanced Warning Sign.
- On high speed roads place this sign 900m (about 3000 ft.) before the flagger's station.
- Equip the sign with flags during the day, and a flashing beacon at night.



Flagger Ahead C9A



- The second Advanced Warning Sign.
- On high speed roads
 place this sign 600m
 (about 2000 ft.) before
 the flagger's station.
- Equip the sign with flags during the day.



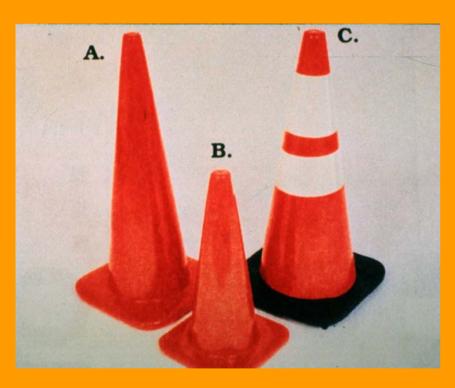
Prepare to Stop



- The final Advanced Warning Sign.
- On high speed roads
 place this sign 300m
 (about 1000 ft.) before
 the flagger's station.
- Equip the sign with flags during the day.

Cones



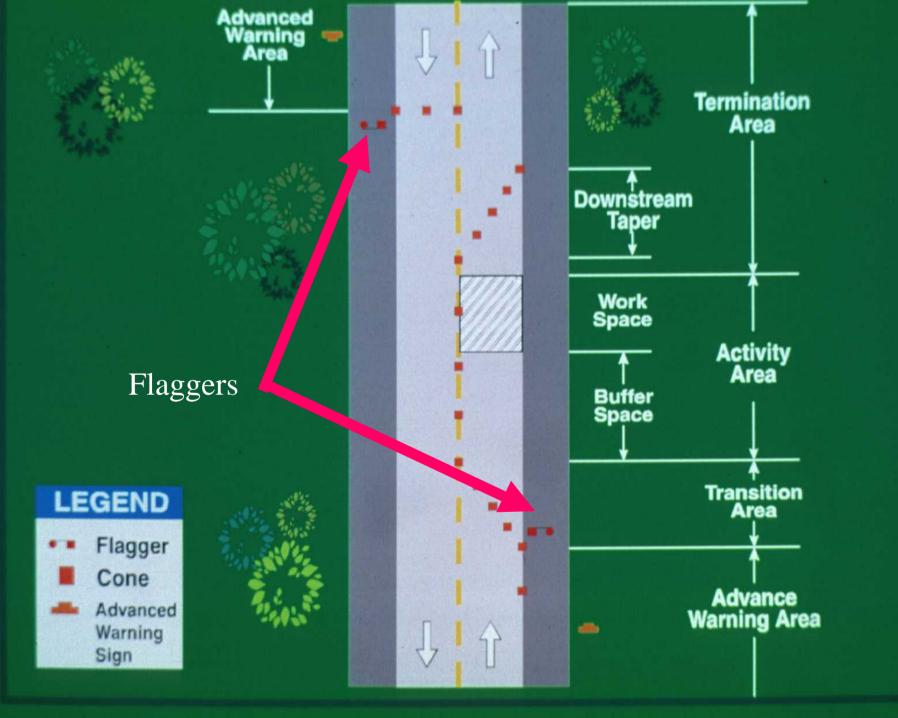


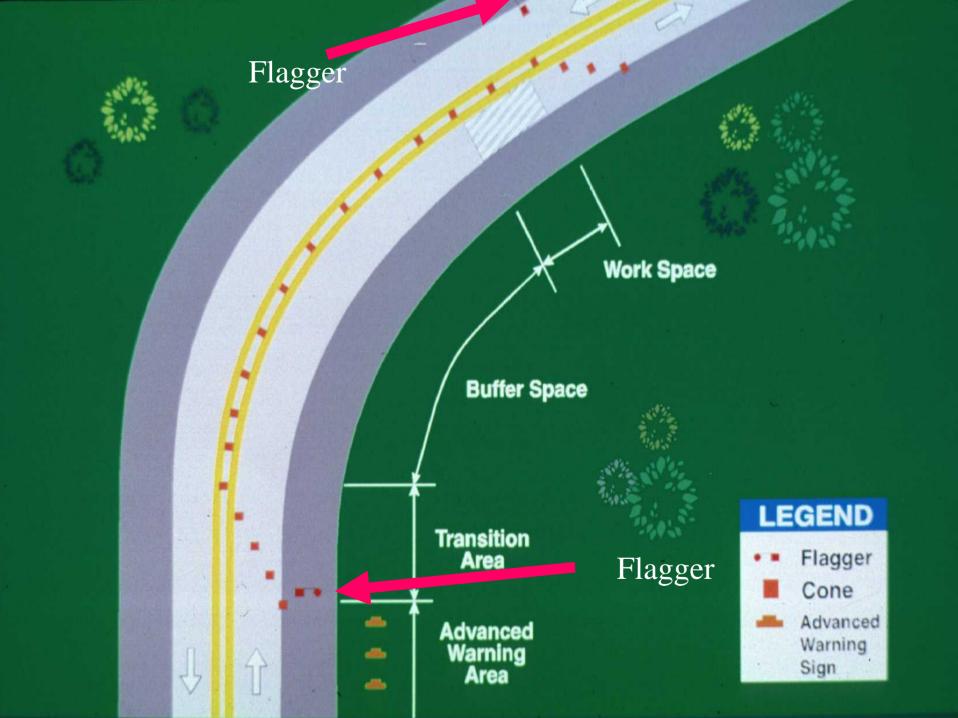
- Place a minimum of 4 cones along the edge of the lane before the flaggers station.
- Space the cones out 50 feet (15 m) apart.
- Equip the cones with reflective sleeves at night
- Place a cone next to each Advance Warning Sign.



The Flagger's Station

- Visible to approaching motorists
- Has an escape route
- Lighting
 - -Daytime not in deep shadow
 - -Nighttime has area lighting
- Not hidden by the background







Setting-up the Flagger's Station

• Set the advance warning signs for traffic on the opposite side of the road from the protected operation.

• Set the advance signs serving the traffic that is on the same side of the road as the operation that is being protected.



•Flaggers take their stations

•Never start flagging until all signs and flaggers are in position.



Some DOs and DON'Ts

- Never start flagging operations until all signs and flaggers are in position.
- Remove or fold down the advance signs when the flaggers are not working.
- If it becomes necessary to slow traffic on a freeway, ALWAYS work from the closed lane or the shoulder, never from a live traffic lane.



Standard Signals Used by Flaggers



Standard Signals for Guiding the Driver

•Stop

•Slow

• Go



Objective

- To tell the driver what actions to take
- To be understood by the driver
- To take the guess work out of the communication by using standard hand and paddle signals

Standard Signals



- What should the Driver do in this case?
- Is the message to the driver clear?



California
No Longer
Uses Flags
to signal
traffic



You Must be Understood

Your job is traffic control!



STOP

SIGN = STOP

Gesture - Face Traffic with arm outstretched and palm towards traffic.

Position - Stand on the Shoulder until the first car is stopped, then move to the center of the road.

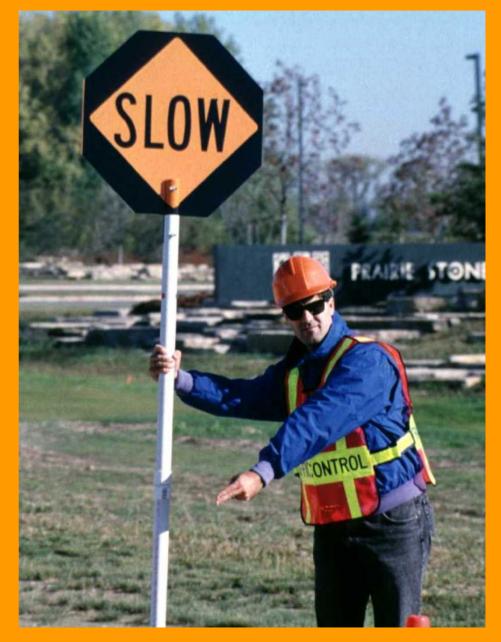


GO

SIGN = SLOW

Gesture - Facing traffic move arm in sweeping gesture, end sweep by pointing to the lane traffic is to use

Position - Stand in lane when traffic to use left lane & on shoulder when traffic to use the right lane



SLOW

SIGN = **SLOW**

Gesture - Facing traffic with arm outstretched and palm down, move arm and hand up and down in pumping motion.

Position - Stand on shoulder facing traffic





One-Way Traffic Control

Working with 2 Flaggers



Control Methods

- Flagger control
- Pilot car

Official car



Flagger Control

Vocal Communication

Hand signals

Radio Communication



Pilot Car

- All traffic waits for the pilot car.
- Provides guidance and speed control.
- In long systems sometimes 2 pilot cars can be used.
- Pilot cars require special signs & radios



Official Car

- This is a special car that brings up the end of the line.
- Very helpful when haul trucks have to be taken out of the closure along with traffic. (Haul truck gets into line in front of the official car.)



Baton Carrying Car

- Use a flag or baton that is easy for the motorist to take and give.
- Give the baton to the last car to be allowed to pass.
- Beware of pranksters people who discard or keep the baton.



The Flagging Process

- Flagging with 2 Flaggers
 - Traffic driving on the LEFTside of the road
 - Traffic driving on the RIGHT side of the road
- Flagging by Yourself



Additional Flaggers

- Working on the through road
 - Warn Drivers of slow or stopped traffic ahead.
 - Needed when there is limited visibility or long lines of waiting traffic.
- Working on side roads and streets.
 - Coordinates entering traffic with the movements of the pilot car.



Flagging With 2 Flaggers

Controlled Traffic has to drive on the wrong side of the road.

The Lead Flagger

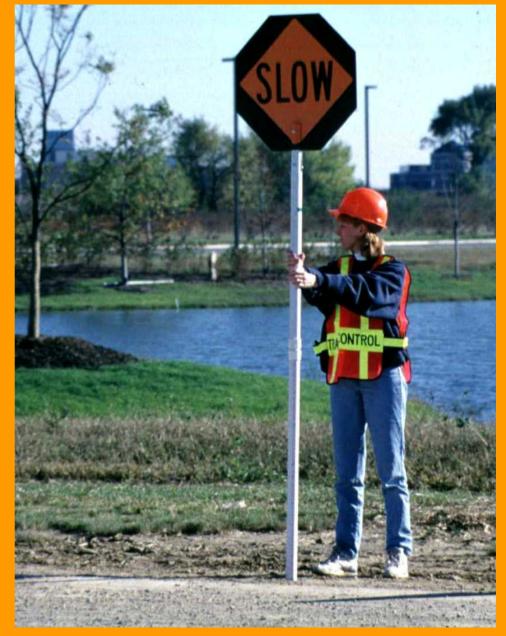
- •There must be a Lead Flagger''
- •The job of the "Lead Flagger" is to prevent conflicts.
- •The "Lead Flagger" coordinates the work.



Flagging With 2 Flaggers

Traffic on the left or "wrong" side of the road

Clear the last vehicle safely into the controlled area.



Turn the sign to read "STOP"

Move to the right shoulder



Signal approaching traffic to stop.

and

Bring lead vehicle up to your station if possible



Take a new position near the center of the road.

because
The vehicles
approaching the
queue need to be
able to see you.





Wait for the "All Clear" from the other flagger before releasing your queue.





Check and be sure that the lane is clear before releasing traffic.

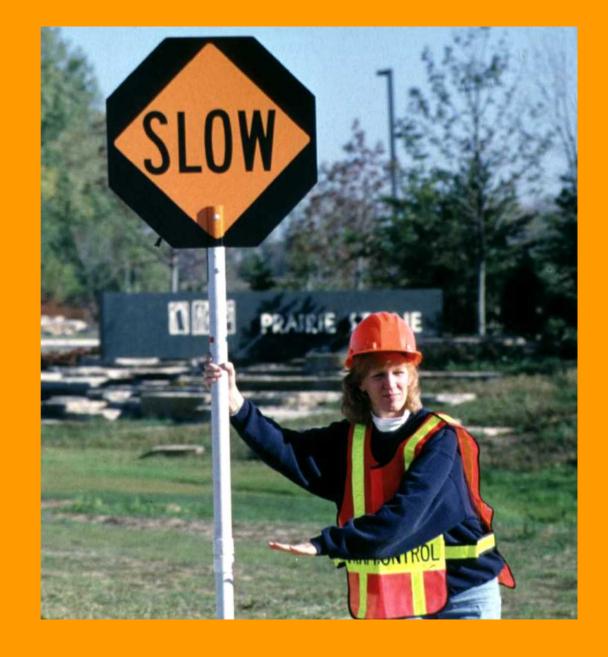
Turn the sign to read "SLOW".

and

Signal the lead driver to proceed using the left side of the road.



Direct the other vehicles in the line to drive on the left side of the road. And Signal the drivers to SLOW if necessary



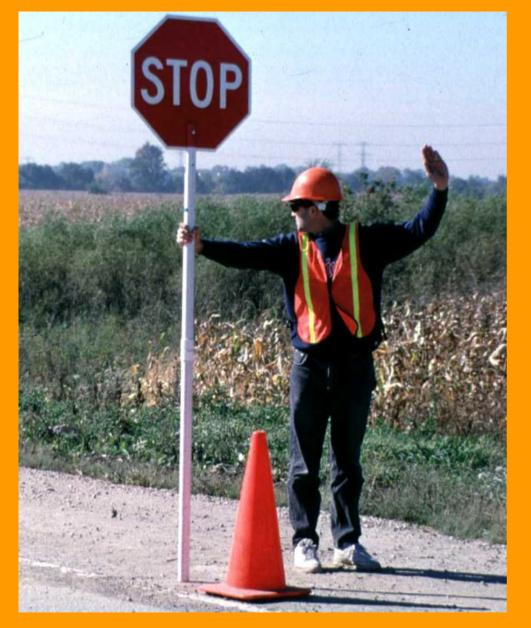


Flagging With 2 Flaggers

Traffic has to drive on the right hand side of the road.



Place 3 Cones across the lane where you want to close it to traffic.





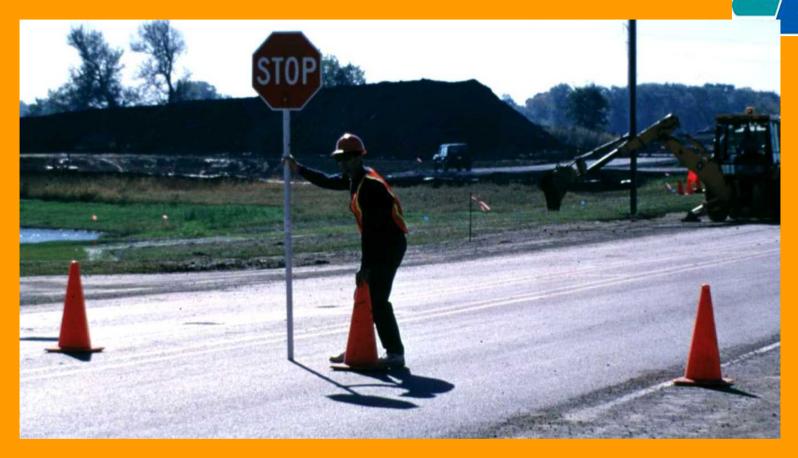
Stop the first vehicle while standing near the right hand shoulder.

THEN

Take a new position near the center of the road.



Check carefully before releasing traffic.



Remove the cone from the middle of the lane just before letting traffic pass.





Turn the sign to read "SLOW".





Motion the lead vehicle to proceed straight ahead on the right hand side of the road.





Signal traffic to slow down whenever needed.

Repeat

As often as needed until all vehicles in the queue have gone through.

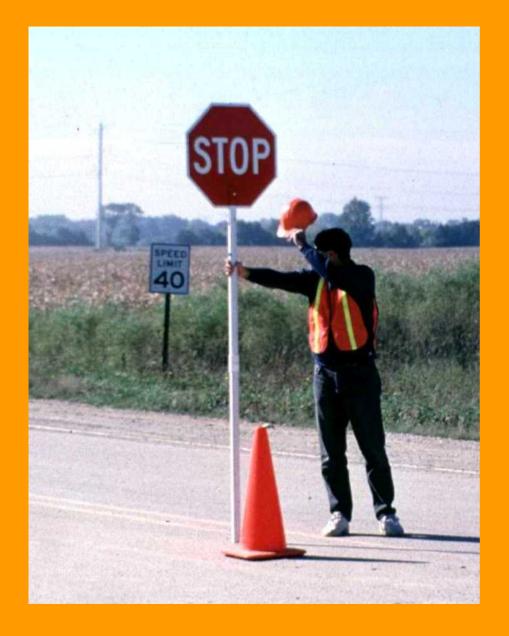




Turn the sign to "Stop"

Replace the cone in the middle of the lane

Stand near the shoulder until next vehicle approaches.





After vehicle stops take a position visible to approaching traffic near the center of the road.



Single Flagging Operations



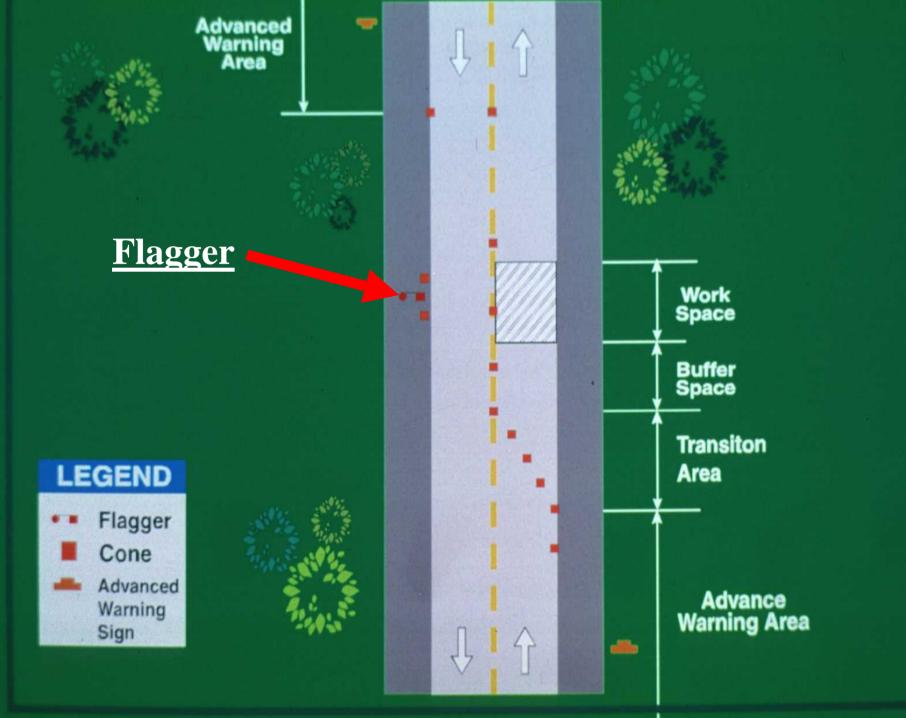
Use 2 flaggers if there is more than a few vehicles each hour.



Stand in a place that is away from the work and other workers.

Stand where you can be easily seen by drivers







Be sure that you are visible to traffic coming from both directions





Slow and/or stop the traffic passing through the work zone.





Make <u>eye contact</u> with the drivers when giving direction to drivers.



The Flagging Process

Emergency Procedures

- Emergency and Special Vehicles
- Emergency Situations and Operations
- Hostile drivers



Emergency Vehicles and Special Vehicles



Emergency Vehicles get the Right-of-Way

Basic Procedure

- STOP unexpected emergency vehicles
- CLEAR the operation off of the traveled way if possible.
- STOP both the traffic and the haul trucks.
- HOLD all traffic until the emergency vehicle has passed.



Police





Fire





Emergency Medical Services





School Buses



Plan Ahead

- Contact local emergency services. (CHP, Fire Departments in advance)
- Know, before you hear the siren, that an emergency vehicle is approaching.
- Be able to tell the crew what is coming.
- Special planning may be required when traffic is led by a pilot car or the closure is very long.

Handling Emergency Situations

Violations of the Traffic Control

- Crashes and Accidents
 - In the line of vehicles waiting to move.
 - Inside the work zone itself

Violations



- PROTECT YOURSELF
- **ASAP** Warn the crew that a driver has run the flagger's station!
- Try to prevent more vehicles from entering the work zone.
- If possible get the license number and a description of the vehicle.
- Plan for this before it happens



Crashes





Crashes



5

Crashes and Accidents

- In the line of waiting traffic
 - Notify Call for help
 - Continue to control traffic.
 - Stay coordinated with the lead flagger
 - Stay at your station until instructed to move by your supervisor or the police.
- Plan for this before it happens



Work Zone Accidents





Crashes and Accidents

- Inside the work zone itself
 - Hold the line of waiting traffic
 - Stay Coordinated with the lead flagger
 - Follow the instructions of your supervisor.
- Plan for this before it happens



Hostile Drivers

- Be in command and Control at all times.
- Be courteous but firm.
- Do not get into an argument.
- Keep a safe distance



Belligerent Drivers

- Walk away from any driver who becomes belligerent.
- Get the vehicle's license number and a description of the driver.
- Notify your supervisor of the incident as soon as possible.
- If the driver enters the work zone warn the crew This is an emergency!



Emergency Flagging Operations

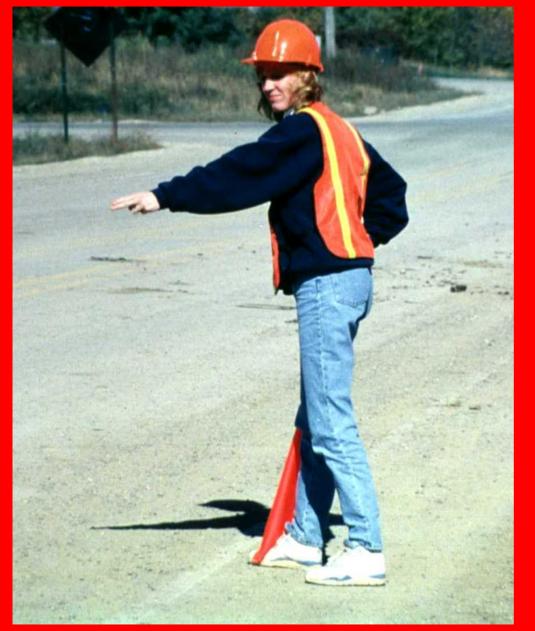
This is the only time flags are permitted.





FLAG - held still at shoulder height

HAND SIGNAL -Arm outstretched and palm faced to traffic





GO

FLAG - Down and at the flaggers side

HAND SIGNAL Point to the path
the motorist is to
take.





SLOW

FLAG - Move flag slowly up and down between knee and shoulder high

HAND SIGNAL Arm and hand in a
pumping motion
with the palm down